



Meal Address:



Community Room

Ogdon Court

Beecham Avenue

St Anns

NG3 2HN

# Social Dining In St Anns £3



**4<sup>th</sup> Friday of month served at 12:30pm**

**Meals must be booked at least 48 hours in advance**



**Sycamore-dining.org.uk/bookings**

**Raising funds for**





Meal Address:



Community Room

Kingston Court

Sneinton Road

Smeinton

NG2 4PT

# Social Dining In Sneinton £3



**1<sup>st</sup> Wednesday of month served at 12:30pm**

**Meals must be booked at least 48 hours in advance**



**Sycamore-dining.org.uk/bookings**

**Raising funds for**





Meal Address:



Community Room

Palmer Court

Park Street

Radford

NG7 1ST

# Social Dining In Radford £3



**3rd Wednesday of month served at 12:30pm**

**Meals must be booked at least 48 hours in advance**



**Sycamore-dining.org.uk/bookings**

**Raising funds for**







Meal Address:



Community Room  
Winwood Heights  
Chestnut Walk  
Winchester Street  
Sherwood  
NG5 4DX

## Social Dining In Sherwood £3



**2nd & 4<sup>th</sup> Friday of month served at 12:30pm**

**Meals must be booked at least 48 hours in advance**



**Sycamore-dining.org.uk/bookings**

**Raising funds for**





Meal Address:



Community Room

Foxton Gardens

Frampton Road

Beechdale

NG8 3FR

## Social Dining In Beechdale £3



**Every Wednesday and Friday served at 12:30pm**

**Meals must be booked at least 48 hours in advance**



**Sycamore-dining.org.uk/bookings**

**Raising funds for**





Meal Address:



Community Room

Wainwright House

Wainwright Close

St Anns, NG3 3FR

# Social Dining In St Anns £3



**1st Wednesday of month served at 12:30pm**

**Meals must be booked at least 48 hours in advance**



**Sycamore-dining.org.uk**

**Raising funds for**







Meal Address:



Community Room  
Jubilee Court  
Cuxton Close,  
Flamsteed Road, Strelley  
NG8 6LJ

# Social Dining In Strelley £3



**1st Friday of month served at 1:00pm**

**Meals must be booked at least 48 hours in advance**



**Sycamore-dining.org.uk**

**Raising funds for**





Meal Address:



Community Room

Crossfield Court

Crossfield Drive

Ridgeway

Top Valley

NG5 9EU

# Social Dining In Top Valley £3



**2nd Wednesday of month served at 12:30pm**

**Meals must be booked at least 48 hours in advance**



**Sycamore-dining.org.uk/bookings**

**Raising funds for**







Meal Address:



Community Room

Garfield Court

Garfield Road

Radford

NG7 3AP

# Social Dining In Radford £3



4th Wednesday of month served at 12:30pm

Meals must be booked at least 48 hours in advance



[Sycamore-dining.org.uk/bookings](http://Sycamore-dining.org.uk/bookings)

**Raising funds for**





Meal Address:



Community Room

Sutton House

1 Forster Street

Radford

NG7 3DQ

# Social Dining In Radford £3



4th Wednesday of month served at 12:30pm

Meals must be booked at least 48 hours in advance



[sycamore-dining.org.uk/bookings](http://sycamore-dining.org.uk/bookings)

**Raising funds for**





Meal Address:



Community Room  
Lakehead Court  
South Church Drive  
Clifton  
NG11 9AW

# Social Dining In Clifton £3



**1st Friday of month served at 12:30pm**

**Meals must be booked at least 48 hours in advance**



**Sycamore-dining.org.uk**

**Raising funds for**







Meal Address:



Community Room  
Simone Gardens  
Southchurch Drive  
Clifton  
NG11 8BG

# Social Dining In Clifton £3



3rd Friday of month served at 12:30pm

Meals must be booked at least 48 hours in advance

 [Sycamore-dining.org.uk](http://www.sycamore-dining.org.uk)

Raising funds for





Meal Address:



Community Room

Lathkill Close

Lillington Road

Bulwell

NG6 8SQ

# Social Dining In Bulwell £3



3rd Wednesday of month served at 12:30pm

Meals must be booked at least 48 hours in advance



Sycamore-dining.org.uk

**Raising funds for**





Meal Address:



Community Room

Lilian Hind Court

Cheviot Drive

Sellers Wood, Bulwell

NG6 7FX

# Social Dining In Bulwell £3



**2nd Wednesday of month served at 1:00pm**

**Meals must be booked at least 48 hours in advance**



**Sycamore-dining.org.uk**

**Raising funds for**







## **Social Dining**

- A group of people meeting to enjoy a meal together
  - a philosophy of using meals specifically as a means to connect with others
  - eat to socialise
- 
- Combating loneliness and social isolation
  - Improving health and wellbeing
  - Providing inter-generational activities
  - Easy to signpost
  - Easy to book
  - Affordable meals (£3)
  - Using Surplus Food
  - Prepared and cooked by volunteers
  - Reducing food waste
  - Creating volunteer opportunities
  - Providing work experience

**Meals must be booked at least 48 hours in advance**



**[Sycamore-dining.org.uk/bookings](http://Sycamore-dining.org.uk/bookings)**



**Kitchen Address:**  
**Foxton Gardens**  
**Frampton Road**  
**Beechdale**  
**Nottingham**  
**NG8 3FR**

# **Help Make A Difference**

# **Volunteering**



**Social Dining is getting people together over a quality meal**

**Get out the house and get involved – find out more**



**[Sycamore-dining.org.uk/volunteer](http://Sycamore-dining.org.uk/volunteer)**

**Raising funds for**





Landlord	Location Name	Location Address	Postcode	Opening times
 Nottingham City Homes	<b>Foxton Gardens</b>	Frampton Road, Beechdale	NG8 3FR	Every Wednesday & Friday 12.30pm
 Nottingham City Homes	<b>Wainwright House</b>	Wainwright Close, St Anns	NG3 3FR	1 <sup>st</sup> Wednesday of month 12.30pm
 Nottingham City Homes	<b>Kingston Court</b>	Sneinton	NG2 4PT	1 <sup>st</sup> Wednesday of month 12:30pm
 Nottingham City Homes	<b>Lakehead House</b>	Southchurch Drive, Clifton	NG11 9AW	1st Friday of month 12.30pm
 places & people LIVING	<b>Jubilee Court</b>	Flamsteed Road, Strelley	NG8 6LJ	1 <sup>st</sup> Friday of month 1:00pm
 Nottingham City Homes	<b>Crossfield Court</b>	Crossfield Drive, Top Valley	NG5 9EU	2nd Wednesday of month 12:30pm
	<b>Garfield Court</b>			2nd Wednesday of month 12:30pm
 Nottingham City Homes	<b>Winwood Heights</b>	Chestnut Walk, off Winchester Street, Sherwood	NG5 4DX	2nd Friday of month 12:30pm
 anchor hanover	<b>Lilian Hind Court</b>	Cheviot Drive, Sellers Wood, Bulwell	NG6 7FX	2nd Friday of month 1.00pm
 Nottingham City Homes	<b>Lathkill Close</b>	Lillington Road, Bulwell	NG6 8HB	3rd Wednesday of month 12:30pm
 Nottingham City Homes	<b>Palmer Court</b>	Park Street, Radford	NG7 1ST	3rd Wednesday of month 12.30pm
 Nottingham City Homes	<b>Simone Gardens</b>	Southchurch Drive, Clifton	NG11 8BG	3rd Friday of month 12:30pm
 places & people LIVING	<b>Jubilee Court</b>	Flamsteed Road, Strelley	NG8 6LJ	3 <sup>rd</sup> Friday of month 12:30pm
 Nottingham City Homes	<b>Sutton House</b>	Radford	NG7 3DQ	4th Wednesday of month 12:30pm
	<b>available</b>			4 <sup>th</sup> Wednesday of month 12:30pm
 Nottingham City Homes	<b>Ogdon Court</b>	Beecham Avenue, St Anns	NG3 2HN	4th Friday of month 12:30pm
 Nottingham City Homes	<b>Winwood Heights</b>	Chestnut Walk, off Winchester Street, Sherwood	NG5 4DX	4 <sup>th</sup> Friday of month 12:30pm

**Meals must be booked at least 48 hours in advance**

**[Sycamore-dining.org.uk/bookings](http://Sycamore-dining.org.uk/bookings)**



**Sycamore**

**Chris Flewitt**

Managing Director



**Dining**

07967 034276



[chris.flewitt@Nottingham-scouts.org.uk](mailto:chris.flewitt@Nottingham-scouts.org.uk)



[sycamore-dining.org.uk](http://sycamore-dining.org.uk)

***Providing social dining as a catalyst for  
combating loneliness and social isolation***



# Preparing young people with **#SkillsForLife**

[www.nottingham-scout.org.uk](http://www.nottingham-scout.org.uk)  
[join@nottingham-scouts.org.uk](mailto:join@nottingham-scouts.org.uk)

## Do more.

We believe young people deserve the skills to succeed and a place to belong. That's why we offer fun, adventure and skills for life to over 450,000 young people aged 6-25 across the UK



## Learn more.

Scouting prepares young people for the future. We help them do more, learn more by doing and be more. Scouting is young people discovering their potential and powering their future. Scouting is where the future is born.

## Be more.

Scouts have become presidents, astronauts, entrepreneurs and pop stars. They have walked on the moon and won Olympic gold. But they are also the teachers, social workers and volunteers – the people who make society work.





# Scouts

City Of Nottingham

**BEAVERS**

**6 -8 years**

Make friends and try new indoor and outdoor activities

**cubs**

**8-10½ years**

Learn practical skills while having adventures with friends

**SCOUTS**

**10½ - 14 years**

Build confidence, resilience and a sense of adventure

**EXPLORERS**

**14-18 years**

Take the lead, work together, and embrace new experiences

**network**

**18-25 years**

Hone employability skills and achieve top awards

[www.nottingham-scouts.org.uk](http://www.nottingham-scouts.org.uk)



**BEAVERS**



**Scouts**

City Of Nottingham

**BEAVERS**

**cubs**

**SCOUTS**

**EXPLORERS**

**network**



**Scouts**  
City Of Nottingham





**Scouts**  
City Of Nottingham





**Scouts**  
City Of Nottingham



# Thinking on your feet starts on a patch of tarmac.

Scouts made me a do-er and a give-it-a-go-er. Made me question and listen and have a wide open mind. Scouts made me take a deep breath and speak up. Made me think on my feet, made me see the big picture, made me ignore the butterflies and go for it. Scouts made me get back up and try again. Made me think about what's next, and plan for it. Made me jump in, get muddy, give back and get set.

We're Scouts and everyone's welcome here. All genders, races and backgrounds. Every week we give almost half a million 6-25 year olds the skills they need for school, college, university, the job interview, the important speech, the tricky challenge and the big dreams: the skills they need for life.

 [join@nottingham-scouts.org.uk](mailto:join@nottingham-scouts.org.uk)  
**#SkillsForLife**

**Do more.  
Learn more.  
Be more.**

Put your skills to use, learn new ones, and contribute to an amazing life-experience for you and your local community.

Volunteering is easier than you think. With full support and training, you can volunteer on a flexible basis.

**Put your skills to use, learn new ones, and contribute to an amazing life-experience for you and your local community.**

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 [volunteer@nottingham-scouts.org.uk](mailto:volunteer@nottingham-scouts.org.uk)

**#SkillsForLife**





## **Come and help us feed our community at Sycamore Dining!**

Volunteers required urgently on Wednesdays and Fridays over the summer period. Either or both days, full shift 9.30am to 2.30pm, or half shift 9.30am to 11.00am – food preparation, or 11.30am to 2.30pm – serving and clearing, or 12.00-1.30pm serving, clearing and befriending at events.

Text or phone and leave a message:

Chris Flewitt, 07967 034276

Email [dining@nottingham-scouts.org.uk](mailto:dining@nottingham-scouts.org.uk)