



Community Room
Ogdon Court
Beecham Avenue
St Anns
NG3 2HN

## Social Dining In St Anns £3



4th Friday of month served at 12:30pm

Meals must be booked at least 48 hours in advance









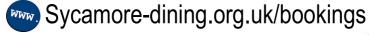
Community Room
Kingston Court
Sneinton Road
Smeinton
NG2 4PT

**Social Dining In Sneinton £3** 



1<sup>st</sup> Wednesday of month served at 12:30pm

Meals must be booked at least 48 hours in advance







**NG7 1ST** 



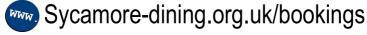
Community Room
Palmer Court
Park Street
Radford

Social Dining In Radford £3



3rd Wednesday of month served at 12:30pm

Meals must be booked at least 48 hours in advance









Community Room Winwood Heights Chestnut Walk Winchester Street Sherwood NG5 4DX

Social Dining In Sherwood £3



2nd & 4th Friday of month served at 12:30pm

Meals must be booked at least 48 hours in advance









Community Room
Foxton Gardens
Frampton Road
Beechdale
NG8 3FR

Social Dining In Beechdale £3



**Every Wednesday and Friday served at 12:30pm** 

Meals must be booked at least 48 hours in advance









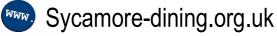
Community Room Wainwright House Wainwright Close St Anns, NG3 3FR

# **Social Dining In St Anns £3**



1st Wednesday of month served at 12:30pm

Meals must be booked at least 48 hours in advance









**Community Room Jubilee Court Cuxton Close.** Flamsteed Road, Strelley NG8 6LJ

# Social Dining In Strelley £3



1st Friday of month served at 1:00pm

Meals must be booked at least 48 hours in advance



Sycamore-dining.org.uk





NG5 9EU



**Community Room Crossfield Court Crossfield Drive** Ridgeway Top Valley

# Social Dining In Top Valley £3



2nd Wednesday of month served at 12:30pm

Meals must be booked at least 48 hours in advance



Sycamore-dining.org.uk/bookings







Community Room
Garfield Court
Garfield Road
Radford

NG7 3AP

# **Social Dining In Radford £3**



## 4th Wednesday of month served at 12:30pm

Meals must be booked at least 48 hours in advance



Sycamore-dining.org.uk/bookings







Community Room
Sutton House
1 Forster Street
Radford
NG7 3DQ

# **Social Dining In Radford £3**



### 4th Wednesday of month served at 12:30pm

Meals must be booked at least 48 hours in advance



Sycamore-dining.org.uk/bookings







Community Room
Lakehead Court
South Church Drive
Clifton
NG11 9AW

**Social Dining In Clifton £3** 



1st Friday of month served at 12:30pm

Meals must be booked at least 48 hours in advance

Sycamore-dining.org.uk







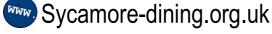
Community Room
Simone Gardens
Southchurch Drive
Clifton
NG11 8BG

**Social Dining In Clifton £3** 



3rd Friday of month served at 12:30pm

Meals must be booked at least 48 hours in advance









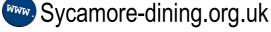
Community Room
Lathkill Close
Lillington Road
Bulwell
NG6 8SQ

Social Dining In Bulwell £3



3rd Wednesday of month served at 12:30pm

Meals must be booked at least 48 hours in advance









NG6 7FX

Community Room
Lilian Hind Court
Cheviot Drive
Sellers Wood, Bulwell

Social Dining In Bulwell £3



2nd Wednesday of month served at 1:00pm

Meals must be booked at least 48 hours in advance Sycamore-dining.org.uk





## **Social Dining**

- A group of people meeting to enjoy a meal together
- a philosophy of using meals specifically as a means to connect with others
- eat to socialise
- Combating loneliness and social isolation
- Improving health and wellbeing
- Providing intergenerational activities
- Easy to signpost
- Easy to book

- Affordable meals (£3)
- Using Surplus Food
- Prepared and cooked by volunteers
- Reducing food waste
- Creating volunteer opportunities
- Providing work experience

Meals must be booked at least 48 hours in advance Sycamore-dining.org.uk/bookings



**Kitchen Address:** 

**Foxton Gardens** 

**Frampton Road** 

**Beechdale** 

**Nottingham** 

NG8 3FR

Help Make A Difference



Social Dining is getting people together over a quality meal

Get out the house and get involved - find out more



Sycamore-dining.org.uk/volunteer





Nottingham

1st Wednesday of month 12.30pm

**City Homes** Nottingham **City Homes** 

**Kingston Court** Sneinton NG2 4PT 1st Wednesday of month 12:30pm Lakehead House Southchurch Drive, Clifton NG11 9AW 1st Friday of month 12.30pm Nottingham

1st Friday of month 1:00pm

**City Homes** places people

**City Homes** 

**City Homes** 

Nottingham City Homes

anchor nanover

Jubilee Court

Flamsteed Road, Strelley

Bulwell

Radford

NG8 6LJ **Crossfield Court** Nottingham Crossfield Drive, Top Valley NG5 9EU 2nd Wednesday of month 12:30pm City Homes

**Garfield Court** Chestnut Walk, off Nottingham Winwood Heights

**Lilian Hind Court** 

NG5 4DX Winchester Street, Sherwood

Cheviot Drive, Sellers Wood, NG6 7FX

2nd Friday of month 12:30pm 2nd Friday of month 1.00pm NG6 8HB 3rd Wednesday of month 12:30pm

Lathkill Close Lillington Road, Bulwell Nottingham City Homes **Palmer Court** Park Street, Radford Nottingham City Homes Simone Gardens Southchurch Drive, Clifton Nottingham

NG7 1ST

NG7 3DQ

3rd Wednesday of month 12.30pm **NG118BG** 

3rd Friday of month 12:30pm NG8 6LJ

3rd Friday of month 12:30pm 4th Wednesday of month 12:30pm

2nd Wednesday of month 12:30pm



places

**Ogdon Court** Winwood Heights

Jubilee Court

**Sutton House** 

available

Beecham Avenue, St Anns Chestnut Walk, off Winchester Street, Sherwood

Flamsteed Road, Strelley

NG3 2HN NG5 4DX

4th Wednesday of month 12:30pm 4th Friday of month 12:30pm

4th Friday of month 12:30pm

Meals must be booked at least 48 hours in advance Sycamore-dining.org.uk/bookings



# **Chris Flewitt**

Managing Director





↑ 07967 034276
 □ chris.flewitt@Nottingham-scouts.org.uk
 ➡ sycamore-dining.org.uk

combating loneliness and social isolation Providing social dining as a catalyst for



# Preparing young people with

## **#SkillsForLife**

www.nottingham-scout.org.uk join@nottingham-scouts.org.uk

### Do more.

We believe young people deserve the skills to succeed and a place to belong. That's why we offer fun, adventure and skills for life to over 450,000 young people aged 6-25 across the UK



## Learn more.

Scouting prepares young people for the future. We help them do more, learn more by doing and be more. Scouting is young people discovering their potential and powering their future. Scouting is where the future is born.

## Be more.

Scouts have become presidents, astronauts, enterpreneurs and pop stars. They have walked on the moon and won Olympic gold. But they are also the teachers, social workers and volunteers – the people who make society work.







cubs

SCOUTS

EXPLORERS

network

6 -8 years

Make friends and try new indoor and outdoor activities

8-101/2 years

Learn practical skills while having adventures with friends

10½ - 14 years

Build confidence,
resilience and a sense of
adventure

14-18 years

Take the lead, work together, and embrace new experiences

18-25 years

Hone employability skills and achieve top awards

www.nottingham-scouts.org.uk





BEAVERS

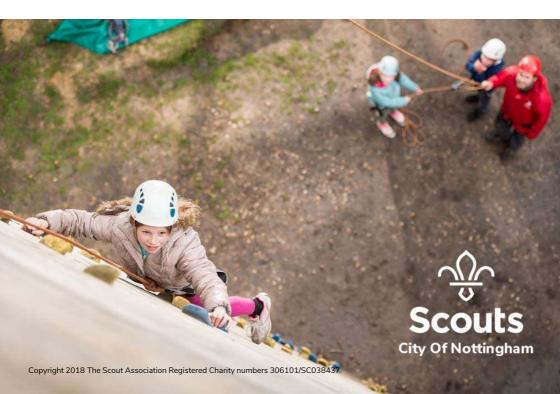
cubs

**SCOUTS** 

**EXPLORERS** 

network







Thinking on your feet starts on a patch of tarmac.

Scouts made me a do-er and a give-it-a-go-er. Made me question and listen and have a wide open mind. Scouts made me take a deep breath and speak up. Made me think on my feet, made me see the big picture, made me ignore the butterflies and go for it. Scouts made me get back up and try again. Made me think about what's next, and plan for it. Made me jump in, get muddy, give back and get set.

We're Scouts and everyone's welcome here. All genders, races and backgrounds. Every week we give almost half a million 6-25 year olds the skills they need for school, college, university, the job interview, the important speech, the tricky challenge and the big dreams: the skills they need for life.

join@nottingham-scouts.org.uk
#SkillsForLife

## Do more. Learn more. Be more.

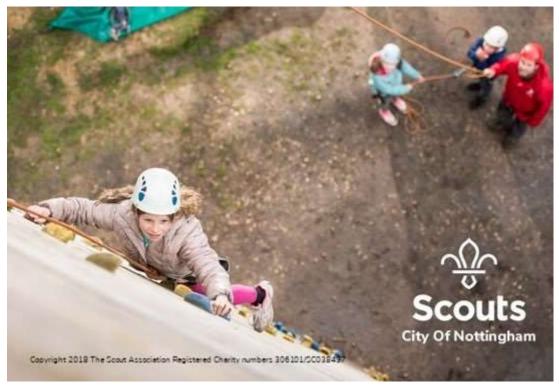
Put your skills to use, learn new ones, and contribute to an amazing lifeexperience for you and your local community.

Volunteering is easier than you think. With full support and training, you can volunteer on a flexible basis.

Put your skills to use, learn new ones, and contribute to an amazing life-experience for you and your local community.

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volunteer@nottingham-scouts.org.uk
#SkillsForLife





# Come and help us feed our community at Sycamore Dining!

Volunteers required urgently on Wednesdays and Fridays over the summer period. Either or both days, full shift 9.30am to 2.30pm, or half shift 9.30am to 11.00am – food preparation, or 11.30am to 2.30pm – serving and clearing, or 12.00-1.30pm serving, clearing and befriending at events.

Text or phone and leave a meesage: Chris Flewitt, 07967 034276 Email dining@nottingham-scouts.org.uk