



Social Dining

Is encouraging people to get out of their homes and meet up with other people to enjoy a meal together. Social dining is a philosophy of using meals specifically as a means to connect with others. It is eating to socialise.

Sycamore Dining provide social dining events in communities where there is a greater risk of people being socially isolated or lonely, such as aging communities. They provide 2 course meals at an affordable price of £3, made from surplus food and prepared by volunteers.

Sycamore Dining encourage carers and organisations supporting vulnerable people in our communities to signpost people to our events that will benefit from social dining. Our events are advertised on

Ask Lion

www.sycamore-dining.org.uk/bookings

We ask people to book onto specific events 48 hours in advance, as this prevents food waste